

Prescription for Patient Education

We would like to thank you for choosing Campbell Clinic to care for you or your family member during this time. We believe that one of the best ways to ensure quality care and minimize reoccurrences is through educating our patients on their injuries or diseases. Based on the information obtained from today's visit and the course of treatment your physician has discussed with you, the following educational materials are recommended for additional information:

Shoulder, Arm, & Elbow	
Fractures	Tears & Injuries
Adult Forearm	Biceps Tear
Children Forearm	Rotator Cuff Tear
Clavicle	Shoulder Joint Tear
Distal Humerus	Burners & Stingers
Shoulder Blade	Elbow Dislocation
Adult Elbow	Erb's Palsy
Children Elbow	Shoulder Dislocation
Diseases & Syndromes	Surgical Treatments
Compartment Syndrome	Total Shoulder Replacement
Arthritis of Shoulder	Shoulder Arthroscopy
Rotator Cuff Tendinitis	Shoulder Joint Replacement
Elbow Bursitis	Rotator Cuff Surgery
Tennis Elbow	Post-op Care Shoulder Surgery

Hand & Wrist	
Fractures	Diseases & Syndromes
Distal Radius	Carpal Tunnel Syndrome
Finger	Compartment Syndrome
Hand	Arthritis of Hand
Scaphoid Fx of Wrist	Dupuytren's Contracture
Thumb	Arthritis of Wrist
Sprains, Strains & Other Injuries	Kienböck's Disease
Sprained Thumb	Ganglion Cyst of the Wrist
Wrist Sprains	Arthritis of Thumb
Fingertip Injuries	Boutonnière Deformity
Flexor Tendon Injuries	Trigger Finger
Mallet Finger	Surgical Treatments
Nerve Injuries	Wrist Arthroscopy
Animal Bites	Wrist Arthroplasty

Spine & Neck	
Fractures & Other Injuries	Diseases & Syndromes
Cervical Fracture	Chordoma
Thoracic & Lumbar Spine	Lumbar Spine Stenosis
Osteoporosis & Spinal Fx	Congenital Scoliosis
Spondylolysis	Congenital Torticollis
Spondylolisthesis	Kyphosis of the Spine
Lumbar Disk Herniation	Scoliosis
Neck Sprain	Scoliosis in Children
Herniated Disk	Pain in Children
Treatment	Cauda Equina Syndrome
Spinal Injection	Cervical Radiculopathy
Low Back Pain Options	Spinal Cord Compression
Spinal Fusion	Low Back Pain
Artificial Disk Replacement	Sciatica

Hip	
Fractures & Other Injuries	Diseases & Syndromes
Hip Fractures	Burning Thigh Pain
Pelvis Fractures	Dysplasia of the Hip
Hip Dislocation	Femoroacetabular Impingement
Hip Strains	Hip Bursitis
Muscle Strains in Thigh	Inflammatory Arthritis of the Hip
Treatment and Rehab	Osteoarthritis of the Hip
Hip Arthroscopy	Osteonecrosis of the Hip
Hip Implants	Perthes Disease
Hip Resurfacing	Slipped Capital Femoral Epiphysis
Total Hip Replacement	Snapping Hip
THR Exercise Guide	Transient Osteoporosis of Hip
Activities after Total Hip Replacement	Preventing Hip Fractures / Live it Safe: Prevent Broken Hips

Knee & Leg	
Fractures & Other Injuries	Pain Syndromes
Distal Femur Fx of Knee	Osgood-Schlatter Disease
Femur Shaft Fractures	Runner's Knee
Fx of Proximal Tibia	Shin Splints
Growth Plate Fractures	Diseases & Symptoms
Pediatric Thighbone Fx	Bowed Legs
Stress Fractures	Discoic Meniscus
Tibia Shaft Fractures	Knee Tendon Bursitis
Collateral Ligament Injuries	Arthritis of the Knee
Combined Knee Ligament	Treatment & Rehab
Meniscal Tear	Total Knee Replacement
Patellar Tendon Tear	Knee Arthroscopy
Anterior Cruciate Ligament Injuries	Activities after Total Knee Replacement

Foot & Ankle	
Fractures & Other Injuries	Diseases & Syndromes
Achilles Tendon Rupture	Arthritis (Foot & Ankle)
Ankle Fractures	Clubfoot
Pediatric Ankle Fractures	Plantar Fasciitis
Heel Bone (Calcaneus) Fx	Rheumatoid Arthritis
Midfoot (Lisfranc) Injury	Sesamoiditis
Pilon Fractures	Vertical Talus
Shinbone Fx Overview	Achilles Tendinitis
Talus Fractures	Heel Pain
Toe & Forefoot Fractures	Claw Toe
Sprained Ankle	Hammer Toe
Lawn Mower Injuries	Hallux Rigidus
Stress Fractures of the Foot & Ankle	Posterior Tibial Tendon Dysfunction